

**5K RACE 1**      © Results service by  
**Race Results**      [joffhk@gmail.com](mailto:joffhk@gmail.com)  
**Overall Category**

Number	Name	Category	Time	Position	Position	
222	THOMAS KIPROTICH	MO	0:16:41	1	1	
267	CARL REDONDO	MO	0:18:41	2	2	
45	CURTIS BARLLAY	M35	0:19:07	3	1	
2	STEPHEN O'LEARY	M40	0:19:27	4	1	A
13	LI CHI KEUNG TWELVE	MO	0:19:51	5	3	
161	TONY FLYNN	M45	0:20:05	6	1	A
247	WONG STEVE	M45	0:20:07	7	2	
245	MARK FRANCIS REEVES	M45	0:20:09	8	3	A
233	JAMES GIBB	MO	0:20:17	9	4	
193	WONG WING TAK	M35	0:20:20	10	2	
246	MARC STEINER	M40	0:20:28	11	2	
115	PETER BROWN	M50	0:20:30	12	1	A
256	CHEUNG WAI LUN	MO	0:21:26	13	5	
261	NEIL LEONARD	MO	0:21:40	14	6	
38	NICHOLAS FORDE	M35	0:21:44	15	3	A
198	STEPHANE LE VACON	MO	0:21:47	16	7	
213	CLIFF HALL	M45	0:21:53	17	4	A
43	YEUNG KWOK KEUNG	M45	0:22:02	18	5	
211	DAVID SMITH	M55	0:22:08	19	1	A
234	ANTONY PRINGLE	M40	0:22:10	20	3	
218	CHIU SUK HAN CARMEN	L35	0:22:12	21	1	A
196	BENOIT DESCOURTIEUX	M45	0:22:20	22	6	
79	LAU YIU MING	M45	0:22:22	23	7	
94	LOH JACK	M40	0:22:25	24	4	A
17	LAM CHI KEUNG	M50	0:22:27	25	2	
31	WILLIAM HAYWARD	M40	0:22:29	26	5	
269	IU KWOK FAI THOMAS	M45	0:22:44	27	8	
50	HO KAM WAH	M55	0:22:59	28	2	
243	JOHN ENGEL	M45	0:23:04	29	9	
191	LEE CHI SHING	M35	0:23:10	30	4	
20	CHAN CHUN HING	L40	0:23:12	31	1	
178	JAY BLACKFORD	MO	0:23:12	32	8	
135	TSANG CHUN KIT	MO	0:23:19	33	9	
205	HO CHO HONG	MO	0:23:20	34	10	
69	LAU CHRIS	MO	0:23:23	35	11	
98	JOHN GEBHARDT	M50	0:23:24	36	3	
133	CHAN CHIT MING	M35	0:23:34	37	5	
60	ROSS MILBURN	M60	0:23:36	38	1	A
	KENNETH ANDREW					
108	MORTELL	M55	0:23:41	39	3	A
150	LAW CHUN KUEN STANLEY	M45	0:23:56	40	10	
195	JOHN MYERS	M35	0:24:00	41	6	
221	CHU HERMANN	M50	0:24:01	42	4	
21	YOSHIAKI OGATA	M60	0:24:05	43	2	

141	LEUNG FUNG MING ANGELA	L50	0:24:17	44	1	
112	LAW KWOK KUEN	M40	0:24:21	45	6	
110	CATHERINE LEONARD	L40	0:24:22	46	2	A
117	TSUKASA KIMURA	M50	0:24:22	47	5	
65	HO CHI CHUN	M40	0:24:24	48	7	A
24	DANIEL WETTLING	M45	0:24:25	49	11	A
93	WONG KUN FAN JOSEPH	M60	0:24:28	50	3	
174	STEVEN HANDELSMAN	M45	0:24:30	51	12	
100	KERRY DARBYSHINE	L35	0:24:33	52	2	
7	PAUL CHILLINGWORTH	M40	0:24:35	53	8	A
197	JOEL LABELLE	M35	0:24:38	54	7	A
187	SALLY BROWN	L45	0:24:41	55	1	
73	CHOW CHI WAI	M35	0:24:44	56	8	
263	ALEX ZOLBERT	MO	0:24:46	57	12	
82	FUNG SKY	M35	0:24:49	58	9	
25	LOH SHING WAI OSCAR	M45	0:24:52	59	13	
91	PONG YIU PO DANIEL	M40	0:24:53	60	9	
182	LO RAYMOND	M60	0:24:59	61	4	A
163	YAU PETER	M45	0:25:06	62	14	A
179	DEAN IRVINE	MO	0:25:13	63	13	
88	NERIDA KAY RIGG	LO	0:25:13	64	1	
107	NICK DARGAN	M40	0:25:14	65	10	A
109	SCOTT BURTON	M40	0:25:14	66	11	A
244	JOHN EDWARD CARTWRIGHT	MO	0:25:15	67	14	
47	KWOK SUI WING	M45	0:25:19	68	15	
42	JOB EZRA CAMPBELL	M35	0:25:23	69	10	
169	LEE WAI BUN	M35	0:25:25	70	11	
12	CHAN HO CHUEN ALFRED	M40	0:25:26	71	12	A
200	TABITHA AMY SARA BELL	LO	0:25:31	72	2	
219	FOO HOCK SUNG BERNARD	M55	0:25:32	73	4	
41	LIU WAI MAN RAYMOND	M35	0:25:32	74	12	
254	CHAU YUEN YEE FLORENCE	L45	0:25:41	75	2	
92	HO SHIU KEI JAMES	M40	0:25:43	76	13	
68	YUEN LAP TAK	MO	0:25:45	77	15	
226	LEE KWOK WAH	MO	0:25:46	78	16	
63	ELAINE HALL	L40	0:25:47	79	3	A
116	JAKE ULICK	M40	0:25:49	80	14	
173	MAH HOI CHEUNG	MO	0:25:50	81	17	
259	EVIE ELLEN LANT	LO	0:25:52	82	3	
33	ROSCOE KARLA	L35	0:25:54	83	3	A
194	MARK MUSTO	M45	0:25:54	84	16	A
232	MIDORI GIBB	L45	0:25:58	85	3	
210	CHO YAN KWONG	M60	0:26:00	86	5	
146	RICHARD MORGAN	M45	0:26:03	87	17	A
44	JAIME LAUREN SIMPSON	LO	0:26:08	88	4	
	MICHAEL ANDREW					
214	GRIMSHAW	M35	0:26:09	89	13	A
118	TSANG LAWRENCE	M40	0:26:18	90	15	

250	JEFFREY UMETSU	MO	0:26:20	91	18	
35	MICHAEL ANDERSON	M35	0:26:38	92	14	
120	WONG HOI	MO	0:26:48	93	19	
48	LAU TSAN CHEUN	M40	0:26:52	94	16	
142	KWAN YAT FAI	M40	0:26:56	95	17	
190	LAI MEI YEI	LO	0:26:58	96	5	
128	WONG YIN YEE	L50	0:26:59	97	2	
89	GRAEME RIGG	M35	0:27:07	98	15	
171	LO YIN NGOR	L45	0:27:16	99	4	
172	LAM WA	M45	0:27:17	100	18	
52	KWAN WAI KWONG GARY	M45	0:27:22	101	19	
248	LO KWONG HANG	M45	0:27:27	102	20	
249	NG KAI MAN	M40	0:27:29	103	18	
225	WONG MING KIT	MO	0:27:36	104	20	
34	CHAN SAU PING	M40	0:27:39	105	19	A
26	WAN SUI HAN	L50	0:27:42	106	3	
199	LAM KAI HONG SAMSON	M35	0:27:44	107	16	
206	WONG KING LUNG	MO	0:27:46	108	21	
78	CHUI SIU MIU MARGARET	L45	0:27:48	109	5	
51	STEPHEN BLUNT	M55	0:27:57	110	5	A
203	CHAN KWOK LIN COLLY	L45	0:27:58	111	6	
14	FU CHI WING DANIEL	M45	0:28:02	112	21	
130	TSUI WAI CHI	MO	0:28:08	113	22	
137	TSUI WING SING	M55	0:28:13	114	6	
102	TSUI KIN MI CINDY	L55	0:28:15	115	1	A
217	WONG YUEN KWAN GRACE	L50	0:28:19	116	4	A
148	YAU FAN	M45	0:28:21	117	22	
180	LEUNG KIN HANG PAUL	MO	0:28:33	118	23	
62	LAM HIN CHONG JOHNSON	MO	0:28:38	119	24	
166	AU TAI CHUNG	M40	0:28:42	120	20	
183	WONG SIU WAH	M45	0:28:45	121	23	
39	TSE KIN FAT KEITH	MO	0:28:46	122	25	
149	LAW CHUN HUNG	M40	0:28:49	123	21	
238	CHUNG WING KAN GORDON	M55	0:29:15	124	7	
97	TSUI HENRY	M55	0:29:23	125	8	A
158	LEE WANG TAK PAUL	M40	0:29:26	126	22	
96	CHEUNG RAY	M35	0:29:30	127	17	
215	WONG KIT FUN YVONNE	L50	0:29:38	128	5	A
57	YU CHI HUNG	MO	0:29:50	129	26	
201	KATE VAUGHAN	LO	0:30:13	130	6	
224	MICHAEL WITTHOFT	M45	0:30:14	131	24	
123	CHEUNG POK WING	LO	0:30:21	132	7	
251	YVONNE DUBOIS	L40	0:30:29	133	4	A
177	YIP CHUN WAH	M40	0:30:30	134	23	
	QUENTIN CHARLES					
106	BURROWS	M55	0:30:37	135	9	A
229	JANAINA CAVALHEIRO	LO	0:30:38	136	8	
228	FLAVIO CAVALHEIRO	M45	0:30:39	137	25	

59	CHAN TAT SUN	M45	0:30:44	138	26	
167	HO KWAI CHOI	M45	0:30:44	139	27	
5	CHAN RICHARD	M50	0:30:50	140	6	
101	WONG SIU MUI	L35	0:30:52	141	4	
124	ADRIAN LOWE	M35	0:30:57	142	18	
253	CHAN OI TEE SARAH	LO	0:31:00	143	9	
239	HO HING CHEUNG	M45	0:31:06	144	28	
37	CHEUNG LIT SHING PATRICK	M35	0:31:10	145	19	
67	LAU FUNG LING	L60	0:31:30	146	1	
46	PAUL RICHARD JACKSON	M55	0:31:31	147	10	A
121	CHONG NGAN SZE NANCY	L35	0:31:38	148	5	
164	TSUI JAVY	L45	0:31:46	149	7	A
181	LUK HEUNG KWAN MANDY	L40	0:31:54	150	5	A
22	CHENG TSZ CHING ANNA	LO	0:31:56	151	10	
127	TAM WAI YIP	M45	0:32:01	152	29	
58	CHAU SUK WAI	L45	0:32:02	153	8	
143	WONG IP CHING	L35	0:32:04	154	6	
131	CHAN NGA LAI	L40	0:32:08	155	6	
235	CHOY LAI SHAN	L35	0:32:08	156	7	
241	LEE JOHN	MO	0:32:27	157	27	
151	EVELYN FOWLER	L55	0:32:31	158	2	A
138	LUNG CHAU YUE TONY	M35	0:32:34	159	20	
252	YVONNE MCMAHON	L35	0:33:00	160	8	
220	TSE SYMBIL	L45	0:33:37	161	9	
186	SUN SUET FONG	L50	0:33:51	162	6	A
159	HOONG AN	MO	0:34:16	163	28	
162	SHANTHI FLYNN	L45	0:34:56	164	10	
99	WONG HOI YAN	LO	0:34:59	165	11	
170	TSE SIU HUNG ESTHER	L45	0:35:31	166	11	
81	LAU TERENCE	M50	0:36:00	167	7	
240	LEUNG BONNIE	MO	0:36:02	168	29	
236	FUNG FU HONG	MO	0:36:23	169	30	
270	MARY BORTSCHELLER	LO	0:36:56	170	12	
80	SIU JACQUELINE	L40	0:36:59	171	7	
66	HO MAN YEE	L50	0:37:02	172	7	
139	MARTIN HEIDELMANN	MO	0:37:03	173	31	
227	LI QUAN	MO	0:37:11	174	32	
207	CHOY MING	M45	0:37:23	175	30	
255	CHOW YIN MAN	LO	0:37:38	176	13	
237	WONG KA WAI MICHAEL	MO	0:37:55	177	33	
266	ROY BALANGUE	M50	0:38:02	178	8	
87	TSANG KA YUI	MO	0:38:30	179	34	
6	AU GARY	M40	0:38:33	180	24	
77	LEE MAN YIN	L40	0:38:51	181	8	
265	LILIA LACAMBRA	L50	0:40:17	182	8	
136	HO SAU FONG AMY	L45	0:40:49	183	12	
204	WONG LAI PING	L50	0:43:48	184	9	
260	WEN DANIELLE	LO	0:45:40	185	14	

264	EDITH EBREO	L60	0:45:52	186	2	
271	LEE MARIA	L55	0:45:55	187	3	
103	LO KWOK KWONG	M60	0:45:58	188	6	A
144	TAM SAU LAN	L60	0:46:06	189	3	