

AVOHK 5KM Series 2011 (Bowen Road)

Date:10-9-2011

CAT RANK	CAT	BIB	NAME	OFFICIAL TIME	CHIP TIME	SPLIT TIME
1	MO	225	Colin Fishwick	0:16:10	0:16:10	0:08:08
1	M17	382	HO FAI TANG	0:16:52	0:16:52	0:08:14
2	MO	067	Kat Lai	0:17:05	0:17:05	0:08:27
1	M15	491	Alex Ott.	0:17:07	0:17:07	0:08:29
1	M35	162	Philippe Cosentino	0:17:15	0:17:15	0:08:29
2	M17	383	Chun yin Li	0:17:26	0:17:26	0:08:24
3	MO	304	Thomas Booth	0:17:30	0:17:30	0:08:34
2	M15	045	Michael Lam	0:17:46	0:17:46	0:08:31
2	M35	083	Chris Wharton	0:17:58	0:17:58	0:09:03
4	MO	241	Cedric Le Berre	0:17:59	0:17:54	0:09:05
3	M15	198	Sam Mitchelmore	0:18:00	0:18:00	0:08:36
1	M13	374	Tsz To Wong	0:18:08	0:18:08	0:09:03
3	M35	163	Masahito Kawano	0:18:16	0:18:15	0:09:14
4	M15	043	James Gibb	0:18:16	0:18:14	0:09:02
1	M40	138	Luke Wimbush	0:18:18	0:18:16	0:09:18
5	MO	472	Joshua Monthei	0:18:33	0:18:28	0:09:36
5	M15	378	Wai Hon Yu	0:18:40	0:18:40	0:09:02
1	M45	423	Tak fai Lo	0:18:40	0:18:40	0:09:15
2	M13	035	Man Hoi CHEN	0:18:47	0:18:47	0:09:14
2	M45	281	Tony Flynn	0:18:59	0:18:59	0:09:15
1	M55	329	John Campbell	0:19:02	0:19:02	0:09:21
2	M40	112	WAI PING LARRY CHAN	0:19:03	0:19:03	0:09:36
3	M45	432	KWOK SING IP	0:19:08	0:19:08	0:09:02
4	M45	097	KAI WA STANLEY CHOW	0:19:12	0:19:12	0:09:34
6	M15	492	Ross Mason	0:19:16	0:19:13	0:09:21
1	M50	322	Peter Brown	0:19:19	0:19:19	0:09:16
3	M13	376	Angus CHOW	0:19:29	0:19:29	0:09:32
3	M17	394	Wing Chi Lai	0:19:36	0:19:36	0:08:45
4	M35	336	KIN KWONG WONG	0:19:40	0:19:39	0:09:34
7	M15	042	Louis Leung	0:19:46	0:19:46	0:09:00
6	MO	070	William Nee	0:19:50	0:19:48	0:09:54
4	M17	386	CHO KEI LAU	0:19:51	0:19:50	0:09:39
3	M40	489	Mike Fowlds	0:19:54	0:19:49	0:10:03
7	MO	069	Chun Chung Yip	0:19:55	0:19:50	0:10:12
2	M50	126	Kwok Keung Yeung	0:19:55	0:19:57	0:09:59
5	M17	393	Tak chi Chui	0:19:57	0:19:57	0:09:33
5	M35	485	Lit Cheung Yung	0:19:59	0:19:58	0:09:34
5	M45	338	Jon Gilchrist	0:20:00	0:19:59	0:10:01
6	M35	078	Wan Hang Chung	0:20:02	0:20:01	0:09:49
4	M40	343	Kevin Tither	0:20:13	0:20:11	0:09:35
4	M13	303	Reiny Brown	0:20:18	0:20:19	0:09:44

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CAT RANK	CAT	BIB	NAME	OFFICIAL TIME	CHIP TIME	SPLIT TIME
6	M45	337	Stephen Long	0:20:19	0:20:19	0:09:57
1	L35	288	Rachel Sproston	0:20:23	0:20:23	0:10:13
8	MO	047	Lee Jonan Chun Yin	0:20:23	0:20:22	0:10:12
9	MO	049	Shun Cheong Leung	0:20:27	0:20:22	0:10:09
7	M35	148	Kwok Kuen Chiu	0:20:33	0:20:25	0:10:23
3	M50	259	Kwok Fei Charles LUI	0:20:35	0:20:33	0:10:22
10	MO	490	George CHAN	0:20:42	0:20:37	0:10:11
8	M15	381	YAT YEUNG	0:20:47	0:20:46	0:10:14
1	L45	027	Anita Freres	0:20:49	0:20:45	0:10:30
5	M40	156	Will Hayward	0:20:51	0:20:46	0:10:35
4	M50	141	Kwok Fai lu	0:20:52	0:20:49	0:10:17
7	M45	247	Stephen Ching	0:20:54	0:20:46	0:10:34
1	L40	060	Aya Noyes	0:20:55	0:20:53	0:10:15
1	L50	030	Angela Fung Ming Leung	0:21:01	0:20:59	0:10:15
6	M40	113	Mark Rutter	0:21:02	0:20:51	0:11:11
8	M35	414	Hoi Tat CHOW	0:21:08	0:21:07	0:09:58
5	M50	262	Geoffrey LAU	0:21:09	0:21:08	0:10:24
1	L13	001	Ruby Chan	0:21:10	0:21:10	0:10:33
9	M35	124	Alex Zolbert	0:21:12	0:21:10	0:10:29
7	M40	111	Wilson Choi	0:21:15	0:21:13	0:10:44
6	M50	096	Derek Irwin	0:21:19	0:21:15	0:10:39
1	M60	452	Stanley Ng	0:21:24	0:21:22	0:10:47
1	LO	007	Jeanette Wang	0:21:33	0:21:32	0:10:18
7	M50	140	Chi keung Lam	0:21:36	0:21:32	0:10:50
8	M40	133	Keith Leung	0:21:37	0:21:34	0:10:39
8	M45	434	Simon Cheng	0:21:38	0:21:31	0:10:54
10	M35	482	TSZ CHAU THOMAS YEUNG	0:21:43	0:21:33	0:10:56
11	MO	072	Man Chun Wong	0:21:44	0:21:41	0:10:37
9	M40	420	Kam Hung WU	0:21:44	0:21:42	0:11:00
10	M40	109	Cameron Smart	0:21:44	0:21:41	0:10:37
12	MO	228	Francis Borchardt	0:21:45	0:21:33	0:11:10
2	L45	298	Catherine Leonard	0:21:46	0:21:44	0:10:45
13	MO	488	Marcello Piazza	0:21:47	0:21:43	0:10:55
14	MO	054	Ho Yuen Brandon Shum	0:21:47	0:21:42	0:10:41
6	M17	387	CHAK PAN LIN	0:21:48	0:21:47	0:10:30
8	M50	318	Mark Adams	0:21:48	0:21:44	0:11:05
15	MO	098	Islam Yazidi	0:21:50	0:21:46	0:10:46
9	M45	424	Tung Sang Wong	0:21:51	0:21:44	0:10:50
9	M50	435	Kam chuen Wong	0:21:51	0:21:47	0:11:09
2	M60	450	Ten Ying SEE	0:21:52	0:21:51	0:10:48
5	M13	377	Cheuk Ting Yik	0:21:53	0:21:53	0:10:40

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10	M45	284	Daniel Y P PONG	0:21:53	0:21:46	0:10:54
16	MO	397	shing hong Chung	0:21:59	0:21:45	0:11:34
11	M40	114	Lawrence Tsang	0:22:03	0:21:55	0:11:13
11	M45	092	Paul Cherry	0:22:05	0:22:02	0:11:00
12	M40	095	Ka Wai Wong	0:22:05	0:22:00	0:10:33
17	MO	075	Yat Man Lo	0:22:09	0:22:07	0:11:25
2	L13	456	Caitlin Fowlds	0:22:11	0:22:07	0:11:12
18	MO	234	Kapil Kirpalani	0:22:15	0:22:02	0:11:41
10	M50	441	HAU CHI CHOW	0:22:16	0:22:12	0:11:17
11	M35	147	Chi Shing Chan	0:22:18	0:22:10	0:10:53
2	M55	330	James Vickers	0:22:19	0:22:15	0:11:03
3	L45	299	Sally Brown	0:22:20	0:22:20	0:10:56
11	M50	437	Chi Piu Law	0:22:22	0:22:20	0:10:50
19	MO	046	Chee yuen Cheung	0:22:26	0:22:25	0:10:57
2	LO	353	Wai Yin Cheung	0:22:27	0:22:27	0:11:07
12	M50	120	HERMANN CHU	0:22:27	0:22:22	0:11:20
12	M45	428	Ka Kui Yip	0:22:28	0:22:25	0:10:51
20	MO	209	John Thomspson	0:22:29	0:22:18	0:11:19
13	M45	431	Wai Ching Lun	0:22:32	0:22:30	0:11:01
14	M45	130	Michael Chue	0:22:34	0:22:31	0:11:18
1	M65	260	Kunfan, Joseph Wong	0:22:38	0:22:37	0:10:58
1	L15	003	Eve, Jian Ying Lo	0:22:44	0:22:43	0:10:49
13	M40	254	Jake Ulick	0:22:47	0:22:41	0:11:50
1	L17	351	Nga Ting Mok	0:22:49	0:22:49	0:10:47
12	M35	271	Andrew Salton	0:22:53	0:22:50	0:11:18
2	L35	290	Pui Ling Pauline CHEUNG	0:22:54	0:22:54	0:11:09
3	L13	002	Stephanie Holloway	0:22:57	0:22:57	0:10:47
7	M17	384	On lap Wong	0:23:11	0:23:10	0:09:55
13	M35	087	Job Campbell	0:23:12	0:23:08	0:11:27
6	M13	037	Adam Chillingworth	0:23:12	0:23:08	0:11:06
3	L35	355	Yoko Chow	0:23:15	0:23:13	0:12:00
15	M45	103	Darren Russell	0:23:25	0:23:22	0:11:15
3	M60	314	Greg Tack	0:23:25	0:23:18	0:11:49
14	M40	328	Rod Shortell	0:23:25	0:23:11	0:11:46
2	L50	368	Suet Mei Fung	0:23:27	0:23:28	0:11:26
4	L45	058	Pauline Tse	0:23:34	0:23:32	0:11:45
8	M17	203	Daniel Malanga	0:23:34	0:23:22	0:11:55
16	M45	425	Kwok Wing Seto	0:23:34	0:23:19	0:12:12
3	LO	171	Annabelle Razack	0:23:38	0:23:24	0:12:12
15	M40	332	Michael Grimshaw	0:23:45	0:23:43	0:11:02
7	M13	375	King Chun Yu	0:23:47	0:23:37	0:11:50

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16	M40	128	Thomas Daniel	0:23:48	0:23:38	0:12:01
21	MO	398	YUK WA NG	0:23:49	0:23:44	0:11:54
14	M35	164	KEITH LK YAU	0:23:50	0:23:45	0:11:43
13	M50	436	Sui wing Kwok	0:23:52	0:23:35	0:11:57
5	L45	028	Christine Greybe	0:23:54	0:23:45	0:12:10
17	M45	115	Chueng Wah Ma	0:23:56	0:23:53	0:11:32
17	M40	323	KK Chan	0:24:04	0:23:49	0:13:10
14	M50	438	Chi Cheung Cheung	0:24:07	0:24:04	0:11:47
18	M45	123	Paul Chillingworth	0:24:11	0:23:59	0:12:00
6	L45	210	Midori Gibb	0:24:14	0:24:05	0:12:06
2	M65	105	Tung Bo Yu	0:24:18	0:24:13	0:12:20
18	M40	421	Chun Wah Yu	0:24:19	0:24:07	0:12:21
8	M13	057	Kwan Long CHING	0:24:25	0:24:23	0:11:45
9	M15	379	Kin Wai Hon	0:24:32	0:24:21	0:11:58
4	LO	011	Brittany Hite	0:24:37	0:24:23	0:12:25
2	L40	295	Karla Roscoe	0:24:37	0:24:29	0:12:33
22	MO	407	WING SUM YAN	0:24:40	0:24:42	0:10:25
4	L13	165	Wai Hin LAU	0:24:43	0:24:43	0:11:48
15	M35	153	Brian Wai Chi TSUI	0:24:45	0:24:38	0:12:10
4	M60	451	Yan Kwong Cho	0:24:47	0:24:42	0:11:58
3	M55	121	SIMON IP	0:24:47	0:24:30	0:12:35
23	MO	076	Lik Hang Leon Chui	0:24:48	0:24:36	0:12:55
9	M13	469	Sing Ha Chau	0:24:51	0:24:51	0:11:38
4	L35	018	Catherine McBride	0:24:52	0:24:44	0:12:09
3	L50	367	Wai yiag Chan	0:24:52	0:24:48	0:12:21
19	M45	312	Cyrus Chiu	0:24:53	0:24:46	0:12:23
24	MO	073	Christopher Hoi Wong	0:24:54	0:24:39	0:12:33
25	MO	400	CP Tsang	0:24:54	0:24:52	0:12:04
26	MO	051	Hon Yin Sun	0:24:55	0:24:45	0:12:27
20	M45	085	Daniel FU	0:24:55	0:24:48	0:12:28
5	LO	065	Chan Suet Po Agnes	0:24:56	0:24:45	0:12:25
21	M45	484	Matthew Haudenschild	0:25:01	0:24:47	0:12:49
22	M45	276	Mark Laflamme	0:25:01	0:24:51	0:13:00
1	L55	371	Cindy Tsui	0:25:03	0:24:59	0:12:26
27	MO	399	CH Lui	0:25:05	0:24:53	0:12:57
2	L55	302	Grace Wong	0:25:08	0:25:06	0:12:25
28	MO	395	Tak Tin Lam	0:25:08	0:24:53	0:12:54
23	M45	132	John Leung	0:25:08	0:24:56	0:13:03
6	LO	460	Debbie Hanley	0:25:08	0:24:55	0:12:35
29	MO	206	Lap Tak Yuen	0:25:13	0:25:06	0:12:54
2	L17	168	Ashley Chan	0:25:22	0:25:19	0:12:19

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CAT RANK	CAT	BIB	NAME	OFFICIAL TIME	CHIP TIME	SPLIT TIME
4	M55	487	Tony Taylor	0:25:23	0:25:11	0:13:22
5	M55	445	YEE KWONG KWAN	0:25:26	0:25:21	0:12:15
5	L35	016	SAU LIN WINNIE MOK	0:25:27	0:25:22	0:13:02
16	M35	411	CHUEN CHI LEE	0:25:28	0:25:19	0:12:26
24	M45	250	Andrew Malanga	0:25:36	0:25:23	0:12:29
19	M40	091	WAI CHOI LEO HUNG	0:25:37	0:25:21	0:13:29
3	L55	370	Kit Fun, Yvonne Wong	0:25:39	0:25:38	0:12:52
15	M50	344	KS Koh	0:25:42	0:25:27	0:13:38
30	MO	408	Kawah CHAN	0:25:42	0:25:30	0:13:24
6	L35	354	Lai Man, Michelle Leung	0:25:44	0:25:42	0:12:48
7	L35	493	RINA	0:25:44	0:25:28	0:13:54
20	M40	494	STEVE	0:25:44	0:25:28	0:13:52
8	L35	462	Yuk Shan, Grenda Lam	0:25:48	0:25:38	0:13:12
21	M40	479	Siu Kwan Cheung	0:25:48	0:25:39	0:12:47
6	M55	248	Ivan Young	0:25:55	0:25:49	0:12:47
7	LO	461	Andrea Juliane	0:25:56	0:25:52	0:12:31
3	L40	465	Karen Buckley	0:25:57	0:25:46	0:12:40
25	M45	427	Robert Lo	0:26:03	0:25:50	0:13:14
16	M50	442	PING SHING NG	0:26:04	0:25:59	0:13:23
8	LO	013	Esther Law	0:26:07	0:26:01	0:12:43
7	L45	029	Cecilia Ka Wai Wong	0:26:08	0:26:04	0:12:31
31	MO	402	HF Lee	0:26:11	0:26:08	0:12:04
4	L40	363	CHIU CHEEK, IRIS CHEN	0:26:12	0:26:08	0:12:52
3	M65	261	Hubert Ho	0:26:15	0:26:15	0:12:53
4	L55	372	Rebecca Lau	0:26:19	0:26:14	0:12:59
10	M15	201	Ernest Ching	0:26:21	0:26:12	0:12:00
11	M15	044	Joseph Daniel	0:26:23	0:26:13	0:12:32
7	M55	257	Kam Wing Chin	0:26:25	0:26:22	0:13:21
17	M50	486	David Morton	0:26:25	0:26:16	0:12:41
32	MO	242	Plato Wai	0:26:27	0:26:10	0:13:27
8	L45	188	Margaret CHUI	0:26:28	0:26:28	0:13:06
17	M35	419	CHAU YUE TONY LUNG	0:26:40	0:26:33	0:13:13
5	M60	287	Neil Campbell	0:26:41	0:26:33	0:13:14
9	L35	019	Wai San Chan	0:26:42	0:26:36	0:12:51
18	M35	081	Chi Fai Chan	0:26:42	0:26:29	0:13:49
33	MO	205	Kin Fai Tse	0:26:52	0:26:42	0:13:23
5	L40	022	Keung Fung Ling Edith	0:26:54	0:26:50	0:12:18
6	L40	360	VICKY WONG	0:26:55	0:26:53	0:13:03
5	L55	454	Eliien Booth	0:26:55	0:26:48	0:13:51
8	M55	310	Henry Tsui	0:27:00	0:26:43	0:13:19
18	M50	160	Kwok Hung, Paul Chan	0:27:09	0:26:56	0:13:27

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9	LO	216	Akanksha Hazari	0:27:10	0:26:52	0:13:32
19	M50	110	Yan Tam	0:27:14	0:26:58	0:13:27
7	L40	361	Lisa Ng	0:27:15	0:27:07	0:13:41
10	LO	009	Yin Yin Tsoi	0:27:16	0:27:05	0:13:49
22	M40	101	Ching hon Kwan	0:27:20	0:27:05	0:14:19
23	M40	093	Paul Lee	0:27:24	0:27:17	0:13:12
9	M55	266	Ajay Hazari	0:27:29	0:27:10	0:13:40
20	M50	129	Raymond Yung	0:27:30	0:26:21	0:14:28
10	M55	149	Glenn Hershey	0:27:35	0:27:19	0:14:03
10	M13	036	Adrian Lim	0:27:40	0:27:32	0:12:59
34	MO	476	Chung Kit Mok	0:27:41	0:27:28	0:13:36
24	M40	256	Yu Ching Albert Yu	0:27:47	0:27:42	0:12:31
11	LO	010	Jennifer Chau	0:27:47	0:27:38	0:14:04
2	L15	350	Sauyuk LAM	0:27:55	0:27:43	0:13:43
26	M45	273	YAT FAI KWAN	0:27:57	0:27:42	0:13:31
11	M13	038	James Chang	0:27:59	0:27:48	0:14:36
27	M45	333	IAN WILSON	0:28:03	0:27:52	0:13:35
19	M35	150	Hoi tat Leung	0:28:08	0:27:57	0:13:11
8	L40	306	Yvonne Dubois	0:28:10	0:28:00	0:13:42
35	MO	401	KW WU	0:28:16	0:28:05	0:14:17
36	MO	404	Pui Man Lai	0:28:20	0:28:06	0:14:41
25	M40	145	ERNEST HO	0:28:25	0:28:10	0:14:06
28	M45	094	K K Chow	0:28:29	0:28:15	0:14:13
26	M40	107	Geoffrey Lim	0:28:35	0:28:28	0:13:26
9	L40	187	IP CHING WONG	0:28:36	0:28:21	0:14:05
20	M35	495	JEREMY	0:28:38	0:28:21	0:14:02
37	MO	406	Ka Ho Lawrence Wong	0:28:44	0:28:41	0:13:30
11	M55	448	Pui ki LEUNG	0:28:48	0:28:23	0:14:23
21	M50	106	Ellis Cheng	0:28:48	0:28:29	0:14:55
22	M50	444	Wai-kwong CHU	0:28:51	0:28:41	0:14:41
6	L55	196	Anne Campbell	0:28:54	0:28:45	0:14:54
29	M45	429	Hon Ming Yu	0:28:54	0:28:43	0:14:15
27	M40	086	Wai Fu, Alfred Chan	0:29:00	0:28:45	0:14:30
12	LO	352	Wing Yee Chuen	0:29:03	0:28:56	0:13:55
4	L50	032	Jayne Erasmus	0:29:04	0:28:56	0:14:37
13	LO	173	Ellie Pilgrim	0:29:07	0:28:56	0:13:46
12	M13	039	Matthew Kwan	0:29:08	0:28:57	0:14:50
30	M45	127	Winston Chang	0:29:09	0:28:53	0:14:49
28	M40	161	Simon Fung	0:29:10	0:28:47	0:15:14
7	L55	300	Evelyn Lim	0:29:13	0:29:13	0:14:35
21	M35	415	KM YEUNG	0:29:18	0:29:08	0:13:30

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22	M35	311	Karl Poon	0:29:21	0:29:11	0:14:47
5	L50	455	Rosemary Barnett	0:29:24	0:29:17	0:14:09
14	LO	006	Po Yee Fung	0:29:29	0:29:15	0:14:43
23	M50	143	Patrick Yu	0:29:30	0:29:14	0:14:53
3	L15	457	SARAH MALANGA	0:29:35	0:29:23	0:14:41
12	M55	447	Chi Ming Chan	0:29:40	0:29:33	0:14:24
29	M40	282	Chi Tak Yu	0:29:43	0:29:21	0:15:13
30	M40	158	Timothy Kai Ming Mak	0:29:44	0:29:34	0:14:47
15	LO	012	Ying Fung Su	0:29:47	0:29:33	0:14:56
38	MO	222	Che Hang So	0:29:47	0:29:30	0:14:22
31	M45	433	Kam Hei SHEK	0:29:50	0:29:36	0:14:52
39	MO	473	Chung Yan Tang	0:29:53	0:29:39	0:14:25
40	MO	230	Ka Lok Cheng	0:30:03	0:29:45	0:14:58
32	M45	480	Ying Wa Tse	0:30:22	0:30:13	0:15:02
10	L40	184	Amy LAU	0:30:23	0:30:13	0:14:45
23	M35	155	Cheung Ka fai	0:30:28	0:30:24	0:13:51
4	M65	321	John Fowler	0:30:32	0:30:24	0:15:11
11	L40	464	Marjorie Lasky	0:30:33	0:30:20	0:15:20
12	L40	024	Ka Wai Teresa Lai	0:30:45	0:30:23	0:15:42
41	MO	224	Saman Ekanayake	0:31:22	0:31:09	0:14:39
42	MO	055	Che Fung So	0:31:22	0:31:05	0:15:26
31	M40	104	Wing Yiu Lee	0:31:25	0:31:14	0:15:12
13	L40	463	Teresa Ng	0:31:39	0:31:31	0:15:09
13	M13	040	Kwan Yeung Ching	0:31:41	0:31:26	0:15:48
24	M35	137	ALBERT LING HO LIU	0:31:43	0:31:25	0:14:43
9	L45	025	Sandy Chong	0:32:36	0:32:15	0:17:01
4	L15	166	Vanessa NG	0:33:18	0:33:18	0:22:09
32	M40	324	Jonathan Umali	0:33:20	0:33:07	0:16:22
16	LO	217	Theora Leung	0:33:32	0:33:26	0:15:21
8	L55	301	Anjali Hazari	0:33:34	0:33:14	0:16:13
25	M35	413	Chung Ming, Sunny Fong	0:34:01	0:33:39	0:17:26
43	MO	048	Chi Ting Kwok	0:34:39	0:34:18	0:17:34
10	L45	026	Mei Yao Tan	0:34:47	0:34:41	0:16:53
10	L35	307	Li Yen Loh	0:34:52	0:34:37	0:17:10
33	M40	142	Chi Wai Chang	0:35:15	0:34:57	0:17:03
33	M45	159	Johnny Fung	0:35:33	0:35:27	0:16:30
14	L40	362	Yendi Fong	0:35:35	0:35:13	0:17:41
11	L45	189	Oi Ling Ng	0:36:18	0:36:18	0:23:31
12	L45	192	Shanthi Flynnn	0:36:33	0:36:24	0:18:08
26	M35	275	Anthony Tran	0:37:03	0:36:41	0:19:11
5	L13	066	Mukilmathi Nagarajan	0:37:19	0:37:17	0:17:40

AVOHK 5KM Series 2011 (Bowen Road)

Date:10-9-2011

CAT RANK	CAT	BIB	NAME	OFFICIAL TIME	CHIP TIME	SPLIT TIME
11	L35	183	Candy Wong	0:37:26	0:37:04	0:19:13
24	M50	157	Man Tai, Martin Yan	0:38:22	0:38:00	0:18:42
34	M40	422	STEPHEN LEUNG	0:38:24	0:38:00	0:19:59
13	L45	466	Tracey Pugh	0:39:06	0:38:52	0:18:51
25	M50	280	Chris Lau	0:40:08	0:39:45	0:19:51
26	M50	152	David Shek	0:41:13	0:40:51	0:20:38
14	L45	191	Connie Fong	0:50:00	0:49:39	0:24:53
44	MO	410	Louis Ng	0:50:42	0:38:27	0:30:14
45	MO	409	Chan Ivan	0:50:44	0:38:31	0:30:17
27	M50	151	Chung Ming Kwong	0:53:21	0:52:58	0:24:26
6	L50	033	Yuk Ha, Sylvia Liu	0:53:22	0:53:02	0:25:31
9	L55	034	Jyotl Jivan	0:54:26	0:54:18	0:27:13